



# Face-to-Face BLACK MOTHERHOOD

## HOSPITAL EDUCATION

### Sessions Include the Following:

- Healthy Pregnancy
- Labor, Delivery & Birth
- Breastfeeding
- Postpartum & Newborn Care
- Postpartum & Newborn Follow-up Instructions

*Group Sessions are Limited to 10 Individuals with Social Distancing.*

### Face-to-Face Participants Must:

- Have proof of COVID Vaccination with booster (if eligible for booster) or proof of current COVID test within three days
- Answer "NO" to all COVID screening questions
- Wear a surgical face mask

### Sessions offered at SJ Health Centers:

1414 N. California Street, Stockton & 500 W. Hospital Road, French Camp

**REGISTRATION IS REQUIRED!**

Please call Carolyn or Johana: (209) 468-7078