At San Joaquin General Hospital and SJ County Clinics we regard the safety of patients, visitors and staff with the utmost priority. We are actively monitoring the Novel Coronavirus and taking steps to ensure proper identity, isolation and swift personal care, as well as, working closely with SJ Public Health and both State and National Health Services.

PREVENTION

1. Wash your hands with soap and water or use a hand sanitizer that contains alcohol for at least 20 seconds.
2. Cover your cough. When you sneeze or cough use tissues or the crook of your elbow. If you get snot or spit on your skin, clean it off right away.
3. ALWAYS avoid touching your eyes, nose and mouth if your hands aren't clean.
4. Avoid close contact with people who are sick, especially people exhibiting respiratory symptoms and fever.
5. If you haven't already done so, get your flu shot.
6. Regularly and thoroughly clean surfaces, such as countertops and doorknobs, with a disinfectant.
7. Remain calm, most people will only experience minor flu like symptoms.
8. If you are experiencing worsening symptoms such as fevers, chills, difficulty breathing or suspect you may have been exposed to COVID-19. *Call before you arrive or notify your health care provider.

RESOURCES

Travel: Check out the CDC website for the latest guidance on travel restrictions

Information: On COVID-19 can be found at San Joaquin County Public Health Services
• http://www.sjcphs.org

Advice: Advise from California Department of Public Health
• https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx